

Version 2

Kate Knight Times
Saturday 19th September

Version 2

Time	Rider (s)	Location	Comments
10.00am	Wendy Crawford	Sand Arena	SJ 30 min Semi Privae
10.30am	Sarah Porter	Sand Arena	SJ 30 min Semi Privae
11.00am	Sophie Lumsdon	XC	
12.00pm	LUNCH		
12.30pm	Diane Martini	Sand Arena	SJ 30 min Semi Privae
1.00pm	Team Training	Sand Arena	
2.15pm	Team Training	Sand Arena	
3.30pm			
4.00pm			

SJ Session will be in the Sunken Arena. Please try to warm up before the start of the session.
All riders taking part in XC must wear a body protector to BRC required standard.

Any problems please give me a call. 07786 322974