

“Achieve your equestrian dreams – one hoof at a time”

Claire Llewelyn ‘Equigym’ Clinic

Saturday 17 April 2021

At

Grange Farm Equestrian Centre, Wittering Grange, Wansford
By kind permission of Robin and Di Dunlop



Equigym sessions use 15-20 poles in a variety of layouts and are a great way to develop your horse's co-ordination, lift and core stability. We are offering group sessions for WARC members only.

**45 mins group session (no more than 4 people)
Members only - £15 per session**

Places will be allocated on a first come first served basis and places and times can only be confirmed with a completed form and ONCE PAYMENT has been MADE BY BACS.

(Wittering Academy Riding Club, SortCode: 20-81-20, Account No:50647357, Reference Equigym)

To book your place, complete the form overleaf and email to Emma Windsor

balconyhouse@aol.com

Any queries, please contact Emma on 07718 093167

Times will be available on 14 April and will be texted/emailed to you directly and appear on our website.

Attendance is subject to the COVID-19 restrictions at the time and all participants must adhere to the WARC COVID-19 guidance

NB we will need help to set up on Friday at 3.00/3.30, plus someone in each session to help Claire move poles and also to put away at the end. Ideally this should be people who have a slot – please bear this in mind – we can't run it without help



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Riders Name

Riders Contact Number

Email Address

Horse size:

Name of anyone travelling with you (max 1 person allowed):

Their contact details:

Are you able to help set up the poles on Friday (approx. 3-4pm)?

Will you be able to help at the session before or after yours to move poles or will you have someone with you who could do this?

Have you seen and read the WARC COVID-19 guidelines:

Signature:

PLEASE DO NOT ATTEND IF YOU ARE FEELING UNWELL

Please for the safety of others:

- Only bring one other person with you (driver/groom/parent or guardian) this person should stay with your vehicle unless helping in your session.
- At this time we ask that there are No Spectators.
- Arrive no more than 15-30 mins before your start time.
- Ensure you park a safe distance from others.
- Leave as soon as possible after your session.
- Do not go onto the Livery Yard area (unless to use the facilities)

Your Personal Information that you supply to us may be used in a number of ways to facilitate your WARC event participation. It should be noted that we are affiliated to the British Horse Society as a British Riding Club. We reserve the right to publish results of competitions on www.witteringacademy.com and in WARC newsletters.

To see our full Privacy Policy, or if you need any further information, please write to us or go to www.witteringacademy.com