



“Achieve your equestrian dreams – one hoof at a time”

Claire Llewelyn ‘Equigym’ Clinic

Sunday 3 July 2022

At

Grange Farm Equestrian Centre, Wittering Grange, Wansford
By kind permission of Robin and Di Dunlop



Equigym sessions use 15-20 poles in a variety of layouts and are a great way to develop your horse's co-ordination, lift and core stability. We are offering group sessions for WARC members only (unless there are spaces).

45 mins group session (no more than 4 people)

Members - £15 per session

Non-members - £20 (only if space allows)

Places will be allocated on a first come first served basis and places and times can only be confirmed with a completed form and ONCE PAYMENT has been MADE BY BACS.

(Wittering Academy Riding Club, SortCode: 20-81-20, Account No:50647357, Reference Equigym)

**To book your place, complete the form overleaf and email to Emma Windsor
balconyhouse@aol.com**

Any queries, please contact Emma on 07718 093167

Times will be available on 1 July and will be texted/emailed to you directly

NB we will need help to set up on Saturday at 4.00/4.30, plus someone in each session to help Claire move poles and also to put away at the end. Ideally this should be people who have a slot – please bear this in mind – we can't run it without help



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Riders Name

Riders Contact Number

Email Address

Horse size:

Have you done Equigym before?

Are you able to help set up the poles on Saturday (approx. 4-4.30pm)?

Are you able to help put poles away at the end on at?

Will you be able to help at the session before or after yours to move poles or will you have someone with you who could do this?

Signature:

PLEASE DO NOT ATTEND IF YOU ARE FEELING UNWELL

Your Personal Information that you supply to us may be used in a number of ways to facilitate your WARC event participation. It should be noted that we are affiliated to the British Horse Society as a British Riding Club. We reserve the right to publish results of competitions on www.witteringacademy.com and in WARC newsletters. To see our full Privacy Policy, or if you need any further information, please write to us or go to www.witteringacademy.com